

FIRST PHASE FINALE



PHOTO BY ALEXIS STARKS PHOTO EDITOR
PHOTO ILLUSTRATION BY JULIANNA LAWRENCE
ASST. DESIGN EDITOR

South Main construction completion celebrated

SIDNEY LOWRY

Editor-in-Chief | @sidney_lowry

Ten years, eight months and 18 days after planning the South Main Corridor Improvement Project, members of the Maryville community came together to celebrate the ribbon cutting for the completion of Phase I Sept. 18.

Assistant City Manager Ryan Heiland led the ribbon cutting ceremony with speakers Maryville Mayor Tye Parsons, City Manager Greg McDanel and other key figures within the project and the city.

"What a great day for the city of Maryville," Parsons said. "The South Main project is transformative for the city of Maryville

and will benefit this and future generations for years to come."

Before making it to the ribbon cutting, there were years of planning. Talk of the project started in December 2012 when the city approved the Maryville Comprehensive City Plan. Throughout that plan, the redevelopment of South Main Street was a top priority. In 2014, a traffic corridor study outlined a \$15 million, three phase improvement plan.

After years of planning and collecting and applying for funding, and in 2018 the city in partnership with the Northwest Regional Council of Governments submitted a nearly \$10.5 million Better Utilizing Investments to Leverage Development grant application to the U.S. Department of Transportation and was one of the four

Missouri projects chosen.

The transformational project included pavement reconstruction, new traffic signals, storm sewer construction, sidewalk and lighting updates and more in the three-phase plan to improve functionality and safety.

The COVID-19 pandemic hit right in the middle of this project, which Parsons said was the hardest part of completing the transformation. As construction companies started to bid on the project in the midst of the pandemic, there was a \$3.5 million gap in the budget due to rising costs of materials. To combat the rise in prices, the project was split, in which the first was officially celebrated Sept. 18.

SEE CELEBRATION | A4

City talks tax income, expenses in preliminary Fiscal Year '24 budget

HANNAH CLAYWELL

News Editor | @Hannah_9504

Before the regular Maryville City Council meeting, a special meeting was held to discuss the Fiscal Year 2024 budget Sept. 18.

City Manager Greg McDanel discussed the budget for the transient guest tax fund, Mozingo Lake Recreation Park fund and the water/sewer fund. All of the budgeted expenses are still preliminary and are not yet guaranteed.

"I do not want to apologize on behalf of myself and the staff's been working really hard on this year's budget," McDanel said. "It is a very complex budget...We are factoring in almost, I think it's a total of 16

different grant projects."

The budget also includes a 5% cost of living adjustment and a 15% placeholder for health insurance for city employees.

The transient guest tax fund is specific to tourism in Maryville. It covers plans like the Downtown Pavilion Project, wayfinding signage and even the Carl and Cheryl Hughes Fieldhouse for community events. The city promised to put money into the Fieldhouse continuously over the years.

McDanel and Tourism Director DeAnn Davison talked about the differences for the FY '24 budget. McDanel said it's a very strategic plan.

One of the main things dis-



ALLISON DUARTE PHOTOGRAPHER

City Manager Greg McDanel breaks down the Fiscal Year 2024 budget for the Maryville City Council Sept. 18. McDanel discussed budget information on the three different funds for the next year.

cussed was Placer.ai, which is a service that monitors where people are going and which businesses they are interacting with. McDanel said this is not getting any more information than is already provided by having a cell phone. Davison said the Tour-

ism Committee wants to use this data for marketing in Maryville.

"Since it does provide so much information, it's a great tool for grant writing and really advertising," Davison said.

SEE BUDGET | A4

Northwest continues COVID-19, influenza precautions

SIDNEY LOWRY

Editor-in-Chief | @sidney_lowry

Over four months ago, the Centers for Disease Control and Prevention marked the end of the COVID-19 pandemic public health emergency May 11. Despite this, there are still new variants developing and more vaccines being created.

As of Sept. 14, the Federal Drug Administration and the CDC approved the recommendation of a new booster vaccine for COVID for the developing variants of the virus. Individuals 5 years or older are eligible to receive the new vaccine regardless of previous vaccination status.

Assistant Vice President of Health and Wellbeing Tyler Tapps said Northwest will not offer the booster vaccine out of the Wellness Center, but students who want the vaccine should go to healthcare providers in the community and Mosaic Medical Center - Maryville.

"We made that decision not to because the cost had changed post May 11," Tapps said. "And because of expiration and the amount of people that were using them it was extremely, extremely low. So because they expire, we didn't purchase."

Northwest is continuing to follow CDC guidelines for COVID. The way of handling COVID has stayed the same: Still continue to isolate, wear masks and avoid contact with people who are at high risk of getting sick. Though these guidelines are the same, they have changed as the classification has moved away from being a public health emergency.

"I think our biggest issue is just communicating to people about what the CDC recommends," Tapps said.

The CDC said to isolate if someone is sick and suspects they may have COVID, regardless of vaccination status. If the test is negative, people can resume their daily lives. If the test is positive, people should stay at home and isolate themselves for at least five days.

Tapps said the beginning of the year has had the lowest number of positive COVID cases since the beginning of the pandemic, with only 22 reported cases. In 2022, there were 25 positive cases and in 2021 there were 44 cases.

Even though there hasn't been an uptick in cases, Tapps said there is a response team that meets once a week to discuss public health concerns, and Northwest is in constant communication with the Nodaway County Health Department and Mosaic Medical Center - Maryville.

Though the pandemic is officially over, cases of the common cold, influenza and strep throat are still common at the beginning of the school year. To combat this, Northwest Wellness Services is hosting a series of flu shot clinics at the J.W. Jones Student Union in October.

The first clinic is from noon to 2 p.m. Oct. 5 in the Student Union Ballroom. The second is 2 p.m. to 4 p.m. Oct. 11 in the Student Union Meeting Room A. The final clinic will be 2 p.m. to 4 p.m. Oct. 17 in the Student Union Meeting Room A.

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A child sits in the field eating macarons from Sylvia Chloupek Desserts while her mother and brother play pumpkin tic-tac-toe. Many families and children played games outside of the building.



Emma Ackman and her daughter look through and pick out pumpkins at Dot Family Farms.



A mother and her children pose for a photo at a Peanuts cut out outside of Dot Family Farms.



St. Jude Events Director Callie Spunaugle, Recruitment Assistant Lauren Malone and Recruitment Director Victoria Mendolia talk to each other at their booth at the festival.



Jamie Gard looks through clothing racks at HxH Designs booth at the Dot Family Farms Fall Festival Sept. 16. There were multiple vendors inside selling their clothing and other goods.

Dot Family Farms holds annual fall festival

ANNA BAILEY
Missourian Reporter | @TheMissourian

Dot Family Farms held its third annual Fall Festival Sept. 16. This free event was filled with a variety of activities that any community member could enjoy.

There were games like bowling, giant Jenga, corn hole and tic-tac-toe with pumpkins and wagons. These games were available to anyone at the festival. Many children and families were seen enjoying them.

There was also a barn set up with pumpkins grown at the farm that anyone could buy. Dot Family Farms Owner Travis Dinsdal said the pumpkin patch at the farm was an idea started 14 years ago to bring other people to the farm.

Community member Chandra DeMott said all these activities made the fair fun for her entire family.

“I have two little girls and a baby, and this is just a good way to get out of the house,” DeMott said. “My girls like to come check out the pumpkin patch and then it’s fun to see the vendors and different events.”

As well as the games and pumpkins, there were also vendors set up both outside and inside another barn. The vendors were selling a variety of products, like clothing, soaps, lotions and fall decorations. Two of the vendors set up were Wonderfully Made and Tastefully Simple.

This is the first year that Tastefully Simple had a booth at the festival. Sharon Kunels, a Tastefully Simple

“It’s just a great place to come out and relax. We’re right on the edge of town, but we’re in the country so it makes it a good fun time.”

TRAVIS DINSDAL
DOT FAMILY FARMS OWNER

consultant, explained how the constant flow of people through the festival was helpful for being able to sell her baked goods and other food items successfully. Kunels said she would love to come back next year because of the welcoming environment and successful sales.

“I really love the atmosphere,” Kunels said. “I met a lot of other friendly people, and it’s interesting to kind of shop the other vendors and see what they have to offer.”

Wonderfully Made is a business under the ministry Under the Sun, the two work together to raise money for the ministry’s children’s home in Thailand.

This is the second year Wonderfully Made has worked at the Dot Family Farms Fall Festival. Donella Sherry, one of the ministry’s parishioners, said they decided to come back because it is a great opportunity for them to spread the word about Under the Sun Ministries and its children’s home.

Maryville Parks and Recreation has been in cooperation with this festival for the past three years. Dinsdal said this opportunity has been helpful to both the farm and Maryville Parks and Recreation because people from the community are coming out to the event, and the farm is able to provide the pumpkins.

The Marketing and Events Manager for Maryville Park and Recreation Elizabeth Lyle said next year she hopes the festival can continue to be successful. In order to do so, Lyle said having a food vendor and adding some more activities would help.

Dinsdal said this event is a great opportunity for the community to get out of their homes and into nature as well as get away from technology.

“Everyone is having fun, there are kids running around playing games and people stopping at the vendors,” Dinsdal said. “It’s just a great place to come out and relax. We’re right on the edge of town, but we’re in the country so it makes it a good fun time.”

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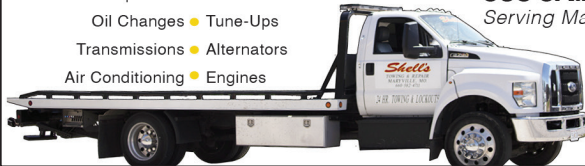
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FALL MARYVILLE ACTIVITIES

Sept. 24

Fall into Fun Festival

Sept.30

Laura St. Baptist Church Fall Festival

Oct. 7

Northwest Missouri Moon Festival

Oct. 14

Haunted Campgrounds at Mozingo

Oct. 30

Downtown Trick or Treat

Preschool renamed in memory

KATHLEEN HARNER
Missourian Reporter | @TheMissourian

North Nodaway Elementary School dedicated a preschool called the Beccy Baldwin Early Learning Center to Beccy Baldwin, a former principal at the school, Sept. 1.

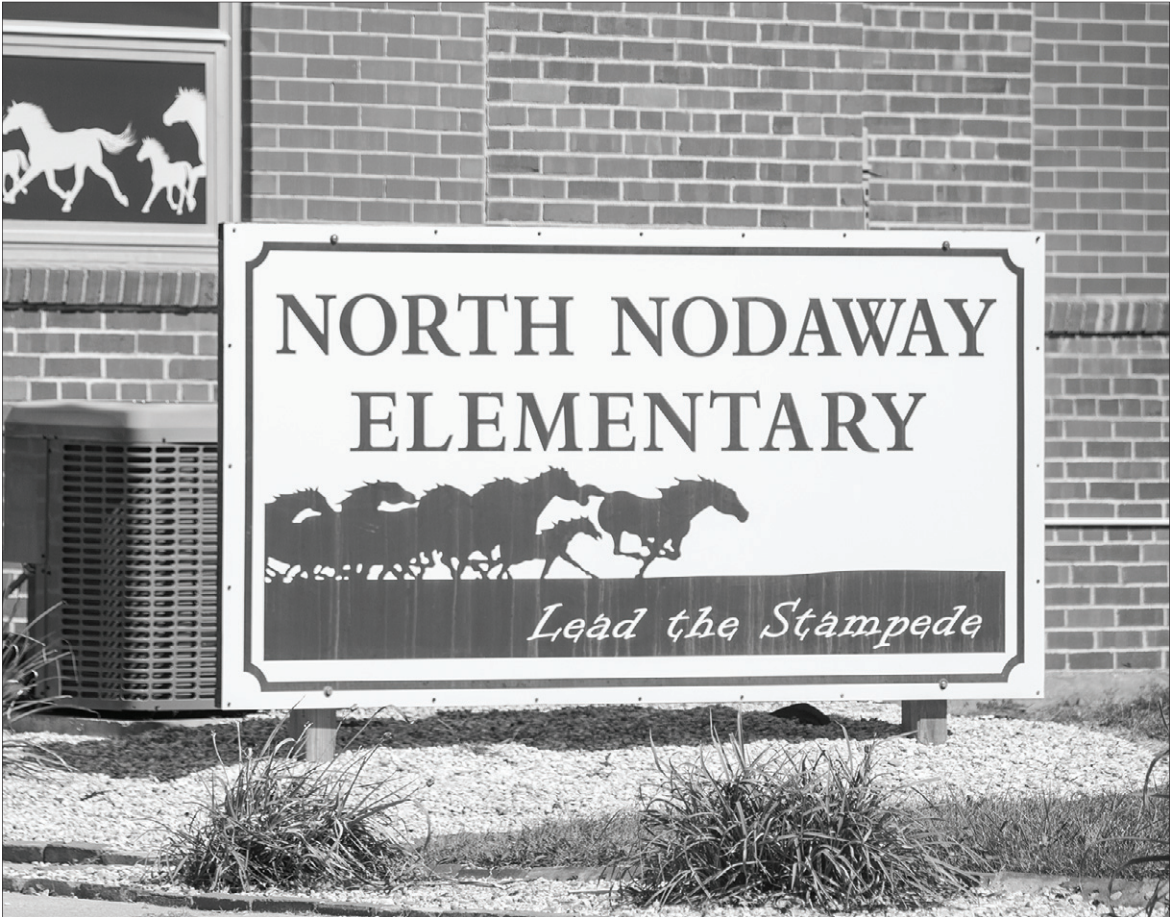
Baldwin was known for her passion for education and helping educators be successful in their teaching endeavors. She also was said to have a love for kids. Baldwin died June 17, however, she is remembered at North Nodaway Elementary School by the dedication of a preschool.

Beccy Baldwin served as the principal from 1998-2004. She then went on to be the Northwest Regional Professional Development Center director at Northwest. The Northwest Regional Professional Development Center is a large organization that serves 59 school districts in the northwest area. In her time there, she received the Federal Outstanding Professional Development Award for rural schools.

Jennee Gregory, director of the Northwest Regional Professional Development Center, said she took away many lessons about teaching as a principal from Baldwin as well as others. Through Baldwin, she said she learned the importance of self growth.

“I think her legacy is as an educator, she has had a tremendous impact on anyone that had the opportunity to get to know her well and learn from her,” Gregory said. “She was very much innovative in her thinking of how to reach and serve educators based on the needs that were there.”

In a speech about Baldwin, Gregory referred to her as a “champion for education” be-



ALEXIS STARKS PHOTO EDITOR

North Nodaway R-VI school district dedicated its preschool center in memory of the late Beccy Baldwin Sept. 1. Baldwin was the school’s principal from 1998-2004 before getting a job at Northwest.

cause of the accomplishments she made in the north Nodaway area. Gregory said Baldwin started implementing late starts to help teachers be better prepared to teach. She also held meetings with other educators to help them perfect instructional practices. North Nodaway Superintendent Chris Turpin said under Baldwin’s guidance, the school was able to receive the Exemplary Professional Learning Community award from the state of Missouri three times.

Turpin said Baldwin helped him develop as a leader. Not only did she have an affect on him, but also former coworker at North

Nodaway Marsha Martin.

“She is an inspiration to me,” Martin said. “She always put her best foot forward and always had the interest of students or whenever she was principal, she always had what was best for the students and the teachers.”

Not only did she have an impact on educators but also children. During her time as an educator, Baldwin started her own preschool in her home called Kids Day Out. As a result of her work and legacy, this preschool was renamed.

In her speech, Gregory said not only did Baldwin care about her educators professionally,

but on a personal level. Baldwin’s niece and former elementary principal at North Nodaway Dana Nally said Baldwin will be most remembered for her wanting to help others.

“I just think that she was the kind of person that really never stopped teaching, even when she wasn’t a teacher,” Nally said. “You know, she was there for any educator, not just her family members. I think anybody that would have called her up and asked for assistance, she would have been there because she really truly wanted what was best for kids.”



NIAH KAHLANDT PHOTOGRAPHER

The Fields Paintball is now offering lower prices and more value to open play for the community due to rising inflation rates. The site sits behind the Hangar Cinema off of Main Street.

Fields Paintball seeks to make entertainment more affordable

HANNAH CLAYWELL
News Editor | @Hannah_9504

Inflation has caused a rise in cost for almost everything, like food, gas and entertainment. Local business The Fields Paintball has lowered its prices to combat this.

Owners David Baker and Chelsey Clark said they want to continue to provide an activity for people in the northwest Missouri area while not having people worried about spending a bunch of money. They changed the prices two weeks ago.

“We ultimately made the decision that to help people out in seeking entertainment, that we would just lower our price and increase the value additionally of what you get for that price a little bit as a way to promote people to still be able to have fun because, I mean, in our opinion, that’s what life’s all about,” Baker said.

Baker said he has seen the dramatic increase of living costs and inflation. He said it affects everyone, and one of the first things that gets affect-

ed during a big hit of inflation is entertainment costs.

“So whenever the price of life gets more expensive, and so you don’t have as many dollars in your wallet to go find entertainment, that just kind of takes down the value of life, which directly counteracts our entire mission at The Fields Paintball,” Baker said.

They said they both lowered the prices and added more value to the open play. The entry fee for customers that already have their own equipment was \$15 and is now \$10. The full rental was \$25 and is now \$20 which includes the entry fee, equipment and 200 paintballs have been added. All prices are tax included.

“So we decided to change it to where there was no additional things you had to purchase,” Baker said. “Everything you need for just a 20 dollar bill, and you get everything you need to play paintball all day.”

Baker and Clark said they have heard a lot of positive community feedback and the social

media posts they have created have had higher engagement than the normal posts.

They said their goal is to help people have fun with things they probably do not have in their own households and would have to go out to do without spending a lot of money.

“We want people to be able to have fun and feel really good about the price that they are paying to do it,” Baker said.

In a Facebook post by The Fields Paintball, it said the world is getting too expensive, and it decided to change to make paintball more affordable.

To continue to provide entertainment to the community, The Fields Paintball is working with Hangar Cinema and others to put together the annual Moon Festival Oct. 7. Baker said he hopes by doing this event, The Fields Paintball can reach a larger audience, like more college students and more people in the surrounding areas.

“We want people to be able to have fun and not feel bad at the end of the day,” Baker said.

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CRIME LOG

for the week of Sept. 21

Northwest Missouri State University Police Department

- Sept. 18
There is a closed investigation for an accident with **Zeta Noll**, 19, in Parking Lot 20.
- Sept. 17
There is a closed investigation for **Jaidyn N. McKinney**, 18, operating a motor vehicle without a valid license in Parking Lot 24.
There is a closed investigation for an accident between **Morgan T. Blessing**, 20, and **Matthew B. Wholly**, 26, on University Drive.
There is a closed investigation for a liquor law violation in Parking Lot 10.
- Sept. 16
There is a closed investigation on **Amber M. Ahlers**, 19, for a person under 21 years old possesses a reproduced, altered modified drivers license in Roberta Hall.
There is a closed investigation for a liquor law violation in Roberta Hall.
- Sept. 15
There is an open investigation for stealing in Dieterich Hall.
- Sept. 13
There is a closed investigation for a fire alarm in Hudson Hall and Perrin Hall.
- Sept. 12
There is an open investigation for forcible fondling in Franken Hall.

MORE INFO

- Forcible Fondling Investigation**
Police Chief Clarence Green said in an email to The Missouriian a suspect has been identified, and the survivor is working with an advocate to determine if they will pursue criminal charges. They have been referred to Title IX.
- There is a closed investigation for a fire alarm in Forest Village Apartments - Sycamore.
- Sept. 11
There is a closed investigation for a fire alarm in Dieterich Hall.
- Maryville Department of Public Safety**
- Sept. 14
There was an accident with **Elle F. Miller**, 20, on the U.S. Highway 71 bypass.
- Sept. 13
There was an accident between **Ambrose C. Sandusky-Ury**, 16, and **Marty K. Mikkelsen**, 44, on North Laura Street and East Third Street. Sandusky-Ury was charged with failure to yield.
- Sept. 11
There is an ongoing investigation for animal neglect on the 1700 block of Grand Avenue.
- Sept. 10
There was an accident between **Desiree L. Colner**, 22, and a state vehicle on the 1400 block of North Country Club.
There was a summons issued to **Logan L. Miller**, 20, and **Ava J. Davidson**, 20, for larceny on the 1600 block of South Main Street.
- Sept. 9
There was a summons issued to **Francisco J. Valeriano**, 44, for driving while intoxicated and improper lane usage on the 100 block of West Cooper Street.
- Sept. 8
There is an ongoing investigation for animal abuse on the 1700 block of East First Street.
- Sept. 5
There was an accident between **Chad E. Zard**, 53, and **Grace L. Burns**, 21, on the 100 block of North Main Street.
There was an accident between **Dakota J. Auffert**, 22, and **Brenda D. Schildknecht**, 61, on the 2300 block of South Main Street.

Senate talks diversity, elections



Senior Garrison Kennedy is requesting a club to become official to Student Senate Sept. 19. The club plans to help students understand what student affairs means and promote the advancement of students.

KATHLEEN HARNER
Missourian Reporter | @TheMissourian

Student Senate members received a presentation about the Office of Diversity and Inclusion and incorporating diversity into organizations at the Sept. 19 meeting.

Assistant Vice President of Diversity and Inclusion Shay Malone, Senior Coordinator of Diversity Jessie Peter and Coordinator of Diversity and Inclusion Latonya Davis spoke about the importance of diversity. They encouraged senators to have diversity in the organization. They also asked questions to help them think deeper about diversity and inclusion, such as what makes up Student Senate.

On-Campus Representative and Civic Service Co-Chair Amaira Peterson shared her opinion about diversity and inclusion and the things that make people different.

“I think it’s important to recognize differences because you’ll be able to like, utilize what you guys don’t have,” Peterson said. “But for example, pieces of the puzzle, like our differences, are going to allow us to work together as a team much better because some things that I’m good at, you couldn’t be good at, some things that you’re good at ,I couldn’t be good at.”

Malone talked about how diversity and inclusion go hand in hand, and sometimes organizations tend to get narrow minded with their similar ideas. She said the office hoped to challenge this way of thinking.

Davis said the best way to challenge these beliefs is to think about what is missing in life and in organizations. She also said it is OK to make mistakes and to question things you do not understand.

“Figure out who’s in your organization and how to manage those changes,” Davis said. “So you all have shared values. You have friendships, you have ser-

vice, you have all these wonderful things that you can have but how do you bring in the intersectionality of your identity to make sure all those other parts of you are fair and confront the effects even if they’re not nice.”

Following this discussion, freshmen elections were talked about. Peterson said 11 freshmen are interested in running for freshmen representative and on-campus representative.

Peterson said in an email to The Missourian that there are four slots for freshman representatives, as well as the president and two on-campus representative spots. The freshmen running are Hannah Wooldridge, Philip Motazedi, Katy Miller, Keira Brown, Daniel Sherchan, Kylie Shafer, Anna Tucker, Oluwadara Osunkoya, Meema Omona, Kimi Green and Jana DeVaul.

After discussion, the Future Student Affairs Industry Leaders was made into an official club. The Future Student Affairs Industry Leaders is a club to help students looking for a future in student affairs. Student affairs help advise student organizations to benefit the student experience.

Junior Class President and Student Affairs Co-Chair McKenna Grimmer said this club was a good idea for students.

“I think that sounds like an awesome organization,” Grimmer said. “And I’m all for career development and professional development. So there’s an organization that can help people reach their career goals, make connections and work with other people. Maybe it’s a great opportunity.”

Other Student Senate business:

- St. Jude was appropriated \$500 to fundraise for items such as stickers and T-shirts.
- The Blood Drive by the Civic Service Committee was said to be 10 a.m. to 4.30 p.m. Oct. 18 and 19.

BUDGET

CONTINUED FROM A1

The transient guest tax fund is expected to have \$579,805 in expenses and \$323,380 in revenues. McDanel said this is all a draft and can change at any point, including during the year.

The Mozingo fund discussion started with the highlights of FY ’23. Mozingo Lake Recreation Park Director Jordyn Greenhaw talked about the budget with McDanel, saying a lot of things are going well for Mozingo, and the construction projects are moving quickly.

“We have adopted plans that our staff works with every year to try to bring these budgets to you, increase efficiency and operations and maintenance, increase revenues, improve overall operations,” McDanel said.

Greenhaw said she and her team are trying to get Mozingo to gain traction again after a drop in events held at the lake from 2022.

CELEBRATION

CONTINUED FROM A1

“In no uncertain terms, we have completed the single most important transportation and economic development project in the history of our community,” Parsons said.

Missouri Division Administrator Kevin Ward from the Federal Highway Administration congratulated everyone on the completion of Phase I of this project, saying this was a vital part of transforming Maryville.

“This is a great example of a successful partnership between our local, state and federal governments,” Ward said. “Private industry, as well, beginning with development, execution of the build grant all the way through project construction.”

President of Mosaic Medical Center - Maryville Nate Blackford said he wrote an article for the Maryville Forum about why he thought Maryville was special, crediting how the city works together on projects and the number of partnerships within the community. This project was a partnership between local businesses, city officials, private contractors, federal agencies and many other groups of people in between.

He emphasized this transformational project was a collaboration between many people, all for the benefit of the citizens in Maryville.

“Me and Amanda (Brown) and Alyssa (Rohlfen) have all kind of came together with a plan on what we can do this next year to make sure that we are back on the map,” Greenhaw said.

The Mozingo funds 2024 budget is estimated to total \$4,934,646.

The last funding discussed was the water/sewage funds. Public Works Director Matt Smith was at the meeting to talk about the funds. Smith and a couple of others are working towards certifications.

“If we pass our tests, we’ll be certified water operators,” Smith said.

McDanel said being certified water operators at the water plant would increase awareness of staff and treatment operations. The total expenses for the water/sewage funds is estimated to be \$8,562,152.

McDanel talked about several different projects that would be included in the 2024 budget, like repairs to drains and water testing experiments for the city. Though all of these plans are in the making, City Council

will discuss all of these budget items again at a later time for final approval for the next fiscal year.

Other City Council Business:

- Council approved a request to hold a downtown trick or treat event 5 p.m. - 6:30 p.m. Oct. 30.
- Council approved to block streets between Munn Avenue and Route V for the first Maryville High School homecoming parade from 12:30 p.m. - 2 p.m Sept. 22.
- Council approved Laura Street Baptist Church to hold a fall festival Sept. 30.
- Council approved a contract with Midland Steel Company for delivery and placement of structural steel for Mozingo Lake’s Visitor’s Center.
- Council approved a contract with Bearcat Lumber for various materials for Mozingo’s Visitor’s Center.
- There is going to be a rebidding for the South Main Corridor Project Phase II set for November to receive lower prices.



Maryville City Manager Greg McDanel speaks to attendees about his appreciation for the town’s patience during Phase I of the Main Corridor Improvement Project Sept. 18. McDanel said the project has been going on for 10 years.

“But finally, the point I want to emphasize here is we aren’t OK with just being OK,” Blackford said at the ribbon cutting. “...It’s not always easy to challenge the status quo. It’s not always easy to do tough things. And this was a tough thing, and I want to thank the city for doing that.”

McDanel, who has been one of the driving forces behind the completion of Phase I, gave the closing remarks at the ribbon

cutting. He recognized over two dozen individuals and organizations that were involved with the completion of this phase, saying this was not a small feat.

Though it was a celebration for the completion of one part of the project, McDanel said there is more to come. Following receiving a Rebuilding American Infrastructure with Sustainability and Equity grant from the U.S. Department of Transportation

for just under \$6 million, there is more construction to come.

“The ribbon cutting of Phase I is not the end but a rather significant milestone in the community’s journey to enhance, enrich and empower the lives of those who reside in Maryville and those who visit the area,” McDanel said. “We remain committed to the construction of Phase II, and for improving Maryville for generations to come.”

Social media is destroying self image



SOPHIE WILLIAMS
Columnist
@williamszsophie

The sand is hot — with every step, my feet sting when they hit the ground. I don’t notice it, though. I’m more conscious of the people surrounding me, wondering what they think when they see me.

My swimsuit suddenly feels too revealing — I make sure I’m standing up straight and sucking in my stomach. All I can think is how I don’t look like the women on TikTok or Instagram.

When I get the courage to look at the people around me, I notice that most of them don’t look like the people on TikTok or Instagram either. I slouch my shoulders a little and let go of my breath. I begin to feel more comfortable in my own skin.

People are a lot different when you see them in person versus through a screen.

Social media is a great way to stay in touch with friends and family, make new connections and consume content fast. However, it has cultivated a toxic culture of comparison amongst its users. A survey of 1,000 people conducted by Florida House Experience said 87% of women and 65% of men compare themselves to images they see on social media, according to King University.

It can start with just one post on your feed. You see a video on your TikTok For You Page of someone who went viral, and it feels so easy to start comparing yourself. You obsessively watch the video, maybe even click on the profile.

Algorithms in social media are used by sites to keep your feed tailored to your interests and keep you engaged. The more you interact with particular content, the more you will see similar posts in your feed, according to Social Pilot.

If you’re constantly interacting with a feed full of unrealistic standards, you’re more likely to develop a poor body image. It is a negative rabbit hole you will find yourself struggling to get out of.

There are parts people don’t show on social media. There are filters, editing and different angles to alter how someone appears online. It isn’t fair to compare yourself to that. It’s OK to be who you are without constantly analyzing what people look like online.

I have been fighting this battle ever since I set up my Instagram account in junior high. I’m almost 22, and I sometimes still find myself scrolling through some random person’s profile because they showed up in my feed — instantly comparing their body to mine. Doing this invokes nothing but negative feelings and thoughts about myself.

For the sake of my mental health, I decided to make a change in my social media habits. I reduced my time spent on TikTok and Instagram, and I changed the way I interact with content. I don’t let myself fall down a rabbit hole anymore.

If you feel like you struggle with this as well, take a break from those apps or reduce the time you spend on them. I have made progress with my body image by doing so. I’m not where I want to be yet, but someday, I’ll be able to walk on the beach and only worry about the hot sand.



HAILEY JOHNSON-NEESER CARTOONIST

OUR VIEW:

Students should be careful with what they post online

Nearly 4.5 billion people are using social media worldwide, more than double the users in 2015. As different platforms have gained traction in recent years, socials are now used for more than sharing random thoughts or photos from a vacation.

In many classes that talk about career readiness and preparing for interviews, nearly every single one of them will include something about watching what people post on social media. Those platforms are one of the first places an employer will go when looking at a potential candidate.

While sometimes social media presence can help people land a job, it definitely can go the opposite direction. If there are multiple photos on Instagram of someone’s incredibly fun Saturday night or some questionable posts on X, formerly known as Twitter, it could turn a recruiter off from them as a candidate entirely.

Students need to be conscious of what they post on social media as they enter the job market. Yes, we are college students, but when entering the professional market, perception on social platforms is going to mean more than ever as popularity continues to rise.

Posts aren’t only about the photos that people have on their profile, spelling, grammar, profanity, complaining about previous jobs and more can all go into the process of an employer looking at someone as a candidate.

If people aren’t sure if their socials are ready to be searched by an employer, they should Google themselves. See what comes up and make sure that is something they want people seeing. If not, consider tweaking privacy settings on different accounts, or deleting posts that could be questionable. Private accounts are a good option for people to only allow certain friends to see their content.

Checking through tagged posts is also a key factor in making sure social media accounts are appropriate. On nearly every social media site, there is an easily accessible option to find photos that a specific person is tagged in. Students need to make sure what is posted to someone else’s profile is something they would also be comfortable posting on their own profile.

Social media can be used as an advantage when applying for a job. In creative settings, having a consistent and innovative theme on Instagram

could be what sets them apart from competition. Promoting previous work on social media can show an employer they are proud of the work they’ve done in the past.

The same is said for LinkedIn. The site allows you to show your personality alongside professional accomplishments and a log of previous experience. Sometimes what people post on this platform will come off more personal and allow employers to learn a different side of an applicant.

The point of the Editorial Board urging people to consider what they post on social media isn’t to scare them out of posting what they want, it is to make sure it doesn’t prohibit people from a job they are qualified for because of one simple questionable post.

As Northwest’s Career Day Sept. 27 approaches and students could be meeting potential future employers, they should consider cleaning up their social media accounts, or continue to be conscious about what they post as they are considering going into the professional market. Think before you post, as it could be one of the deciding factors of getting the job or being passed up by someone else.

YOUR VIEW:

Are you conscious of what you post on social media?

KERRICK BENAVIDEZ
Sophomore
Creative Writing and Publishing



“I don’t do a whole lot on social media in general, but I tend to try and make sure I’ve worded whatever I’ve posted in a way that people don’t misunderstand it.”

BUG KENNEDY
Sophomore
Graphic Design



“I post things that I know people are going to see and make sure that I’m posting what I want people to see. I check everything before I post photos and videos that there’s nothing there that I don’t want to get out. I post things on private if I only want certain people to see it.”

NICK BOWERS
Freshman
Computer Science



“I do think before I post on social media. I don’t really think who will see it.”

THE STROLLER:

Your Bearcat is desperate for stir fry

I could go on many rants and tangents about things on campus I want to see changed, but why would I bother worrying about the football team losing or how many weeks I have been waiting for McAlister’s to open when there are bigger issues at hand? It’s time to talk about the issue that really matters – bringing back the stir fry in the dining hall.

If you’re a poor, innocent freshman on campus this year, you never got the opportunity to

experience my absolute favorite meal. You may think the dining hall food is gross, but stir fry was my saving grace. Where else could I get bowls of rice, carrots, broccoli and chicken for dinner and then follow it up with a bowl of Frosted Flakes?

No matter if it was time for breakfast, lunch or dinner, I always knew where to go for a meal that could trick me into feeling like I was eating healthy. Now, it’s irrelevant that I would heap teriyaki sauce onto my rice

and vegetables, but it was for the aesthetic. If I could claim I was eating a protein and vegetable, then go grab a banana on my way to the table, I was basically having a meal from a Michelin Star restaurant.

I miss the days when I could swipe my Bearcat card, take a left into the stir fry area and be greeted with made-to-order deliciousness. The people working were always so kind and made my day every mealtime.

However, I had no idea that

my bowls were limited. When I found out my stir fry was being taken away from me, it was like someone pulled a rug out from under my feet. I could have fallen to my knees and wept. All that’s left for me to eat now is raw pizza and burnt chicken nuggets.

It’s time to bring it back. Give me something to look forward to when I leave class and go to lunch. Bring back the stir fry.

The Stroller has been a tradition since 1918 and does not reflect the views of the Northwest Missourian.

Bearcat women look ahead to regionals, men’s team ends run

ANDREW CLARK
Missourian Reporter | @NWMSports

Northwest men’s tennis team competed in the Intercollegiate Tennis Association regionals Sept. 15-17 in Topeka, Kansas. The men’s team won nine singles matches and five doubles matches. Seniors Andrea Zamurri, Mason Meier and sophomore Jan Skerbatis reached the round of 16 in singles. Zammuri also reached the round of 16 in doubles with his partner, senior Fillippo Piranomonte. The doubles team of senior Michael Delebois and Skerbatis reached the third day of the tournament before losing in the semifinals.

In 38 years as the Bearcats’ coach, Mark Rosewell has had seven Intercollegiate Tennis Association regional champions. The last regional champion for the Bearcats was Meier and Skerbatis in doubles last fall. Rosewell has also been awarded ITA Regional Coach of the Year seven times. Even though they didn’t win a regional this year, Rosewell said he was satisfied with the players’ performance. But, he said there’s still room for improvement.

“It was OK,” Rosewell said. “It could have been better honestly, Andrea was the No. 1 seed, and he got beaten in the 16’s. Our doubles got to the semifinals, which is very good. It is very competitive, but last year we won it.”

This was the first time in five years the Bearcat men did not have a qualifier for the ITA Cup. After having the weekend off of competition, Northwest women’s tennis are preparing for its ITA regional Sept. 22-24 in Ed-

UP NEXT

Intercollegiate Tennis Association Regionals

Sept. 22-24

Edmond, Oklahoma

mond, Oklahoma. To get ready for the tournament, Northwest and Missouri Western held an unofficial scrimmage Sept. 19 at Mark Rosewell Tennis Center. Rosewell said even though the Bearcats face the Griffons in their next competition, it was good for the athletes to earn some experience heading into the weekend.

Junior Carolina Lima De Oliveira has been a key player for the women this fall. Lima De Oliveira won three singles matches in the ITA’s last fall.

“For myself, I hope that it will go good,” Lima De Oliveira said. “Win two or three rounds. Do better than last year at least. For the team itself, I think everyone should do really good. For singles and doubles, we got a pretty tough draw. I’m hoping that everyone will do good.”

Lima De Oliveira has been working hard on getting ready for the invitational. Her preparation has to do with getting in her technique work and cardio.

“I have been working pretty hard on my forehand, and it has improved a lot since last year to this year,” Lima De Oliveira said. “Physically, as well, I have been doing extra stuff — practicing my conditioning to last longer in the point. I did that all summer and have continued to do it.”

Rosewell has eight athletes on the women’s team who are going to participate in the ITA



ALEXIS STARKS PHOTO EDITOR
Senior Kaylyn Chleborad serves the ball to her opponent during the Missouri Western scrimmage Sept. 19. This match prepared players for the Intercollegiate Tennis Association regional Sept. 22-24 in Edmond, Oklahoma.

regional. All eight of those athletes will participate in singles and doubles. Even after receiving a tough draw in the brackets, Rosewell said he isn’t going to let that stop the

athletes from going out there and playing hard. “We are going to go out there, and we are going to fight,” Rosewell said. “Try and do our best, but it’s going to be tough.”

SWEEP

CONTINUED FROM A8

“We were sick and tired of losing, and we flipped that switch — we were ready to go,” Brunssen said. “It’s obviously great to get a win. We see Missouri Western as kind of our home court too, since we’re just down the road.”

Western started strong in the second, getting the first 2 points of the set and its only lead of the match. Northwest quickly put a halt to any momentum the Griffons were building, though, as the Bearcats answered with 3 points of their own.

SKID

CONTINUED FROM A8

“We just need to go out there and dominate,” Krone said. “Don’t give them any room to think they have a shot in this game, and we just need to go out there and compete and have fun while we’re doing it and then enjoy all of our families and loved ones we’re around.”

242

consecutive weeks Northwest football was nationally ranked before the week of Sept. 18.

Up to this point in the season, the Bearcats have once again established themselves as a top run defense in Division II. Northwest is No. 10 in the nation in rushing yards allowed per game (62.3). Part of the team’s struggles, however, have come in its pass defense, allowing 303.3 yards per game — 10th out of 12 teams in the MIAA.

Krone, who forced one fumble

and totaled two tackles-for-loss in the 17-6 loss to Fort Hays State Sept. 16, said a way to cut down on the big plays against the defense is for everyone to work together.

“We got to be locked into the details,” Krone said. “Whether it’s getting hands on or our (defensive) line getting a good push, everything all works together.”

Another factor of the Bearcats’ struggles have come on the offense, as Northwest is averaging 16.7 points per game — 10th out of 12 teams in the MIAA. Lincoln is 11th in points scored per game (10) and points allowed per contest (56).

After the Bearcats’ loss to the Tigers — combined with dropping their home opener to Emporia State 33-13 Sept. 7 — the program fell out of the American Football Coaches Association’s top-25 poll for the first time since Nov. 11, 2003. A 242-week streak of being ranked ended for Northwest.

To Wright, the past losses and the negativity that can come from outside of the team doesn’t matter. To him, it’s irrelevant.

“Nobody that’s making statements is going to have any impact on our football game,” Wright said. “You know, the kids that are going out there on the field directly impact the football game. So it’s really just block out the noise, stay in our camp and press forward.”



NIAH KAHLANDT PHOTOGRAPHER
The Spoofhound offense lines up before scoring a passing touchdown during Maryville’s home opener against St. Pius X Sept. 15. The Spoofhounds threw for a total of four touchdowns during their win against the Pius Warriors.

HOMECOMING

CONTINUED FROM A8

The Dragons started a new offensive technique last season called a flex-bone attack. Quinlin said their four quarterbacks, one from each grade, don’t throw the ball as much as they run it. Coach Matt Webb said to compete against a flex-bone attack, the team will have to be disciplined defensively because the second season using the technique will give Cameron the chance to get more comfortable with the change.

“We will be focusing on what we can do better as an offense,” Quinlin said. “Be more crisp and clean this week and work on timing so we don’t get so many penalties this week.”

Despite Quinlin’s average of

274 passing yards per game, the team’s history against Cameron and the Dragon’s loss streak, Webb said he will be more focused on being 1-0 on homecoming rather than being 3-1 on the season. Webb said each week is a new opportunity to start fresh while applying the lessons learned during practice because each team carries different strengths into each game.

Although this week’s game in the ‘Hound Pound is special for the team and its fans, as well as the week itself with all the homecoming activities that are included, Quinlin said he wants the team to be aware of Cameron’s improvement.

“Anybody that’s been to a game at Maryville High School, what they call the ‘Hound Pound, you know, you get to be a part of and you get a feel for what ‘Friday Night Lights’

should be like,” Webb said. “That’s exactly what we’re fortunate and blessed to have here in Maryville. So, yeah, home field advantage is always a big thing here in Maryville.”

The senior quarterback said he doesn’t want his teammates to get distracted by the week’s festivities and go into the game with too much confidence. Webb said it’s rewarding as a coach to know that Quinlin and the rest of the team understand the concept of focusing on the process and going 1-0 each week.

“There’s an old song called ‘Turn the Page,’” Webb said. “And when you have an exciting victory like we did Friday night in the home opener against Pius, you got to be able to turn the page and focus on the Cameron Dragons now. Derek will be the first one to tell you that.”

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AARON HARE MISSOURIAN PHOTOGRAPHER
Junior forward Adell Gore attempts to dribble the ball around a Missouri Western opponent during the first half of the match Sept. 15. Gore took a total of four shots during the game, one being a shot on goal.



AARON HARE MISSOURIAN PHOTOGRAPHER
Northwest soccer sophomore midfielder/defender Siri Ott kicks the ball down the pitch at the halfway line during the second half against Missouri Western Sept. 15.



AARON HARE MISSOURIAN PHOTOGRAPHER
Senior forward Kaylie Rock dribbles the ball around the penalty box during Bearcat soccer's 1-1 tie against Missouri Western Sept. 15.

Northwest soccer to honor seniors, hold gold-out game

STEVEN CROSBY
Sports Reporter | @sicsteve27

Northwest soccer is looking to get back in the winning column when it hosts Missouri Southern at 3 p.m. Sept. 22 and Central Missouri at 1 p.m. Sept. 24. The Bearcats are 2-2-2 after tying Missouri Western, 1-1, Sept. 15 and losing to the Jennies, 2-0, Sept. 17.

The Lions are 0-5-1 after dropping their most recent match to Missouri Western, 3-1, Sept. 22. Bearcat coach Marc Gordon said Northwest is excited to face Southern and see its new players. “They’re going to come ready to play,” Gordon said. “They are continuing to improve and get organized — we can’t take them for granted.”

The Bearcats will celebrate Senior Day when they go up against the Lions. Northwest will be honoring five players who are graduating: Senior forward Kaylie Rock, senior forward Teagan Blackburn, senior midfielder Atiana Stratman, junior defender Maddie Taylor and junior defender Grace Wineinger.

“These five women have been instrumental to our continued growth and change in the program,” Gordon said.

Freshman midfielder Ximena Arnau said she’s excited to play against Southern. She said the Lions will definitely be a tough opponent. “It’s not conference play, so it’ll help us get a feel for how they usually play,” Arnau said. “I’m just excited to hopefully come out with a win.”

Northwest and Central will face off for the second time this season, however this week’s match will be the first time it’ll count towards conference play. The Bearcats and Jennies will only have one week away from each other when Central visits Maryville. Sophomore midfielder Elaina Shromoff said it’s good for Northwest to have already played the Jennies before starting conference play.

“We could get a feel of the shape they were playing and how they play,” Shromoff said. “Now we can watch film and take what we get from that and apply it to next week.”

The Bearcats will be having a gold-out game in recognition of Childhood Cancer Awareness Month when they host the Jennies. The gold-out is to help fundraise for Beckett’s Warriors, a group founded by Northwest soccer alumni Tammie Fowler, whose son, Beckett Fowler, was diagnosed with a rare form of brain cancer. The funds raised at the gold-out will go to the charity Hope4ATRT.

UP NEXT

NW vs. Missouri Southern (regional match)
3 p.m. Sept. 22
Bearcat Pitch

NW vs. Central Missouri (conference match)
1 p.m. Sept. 24
Bearcat Pitch

Gordon said Northwest jumped at the chance to help when asked by Tammie Fowler. He said she wasn’t sure if it was too late when she reached out, but the team was able to put something together.

“We’re gonna have free T-shirts — up to 150 shirts for the gold-out to honor Beckett and be Beckett’s warriors for the day,” Gordon said. “We’re just bringing some awareness to the month and the significance of childhood cancer.”

“

It’s also encouraging to see that we can get the shots, and we can get the opportunities, we just have to put them away.”

KAYLIE ROCK
SENIOR FORWARD

Senior forward Kaylie Rock scored the lone goal for the Bearcats over the weekend against Western. Rock said it’s encouraging when a team is playing a lot of defense because they know Northwest is good offensively.

“It’s also encouraging to see that we can get the shots, and we can get the opportunities, we just have to put them away,” Rock said. “We’re going to play some really good opponents in our next couple of games, so as long as we just keep working hard to keep up the energy, we can start to put them away.”

Maryville softball continues trip with conference foe next

TANNER HUDNALL
Missourian Reporter | @NWMSports

Maryville softball returned home after a successful Stanberry Invitational to face Chillicothe in a rainy, Sept. 19 matchup. The Spoofhounds lost the Midland Empire Conference matchup against the Hornets 11-8.

Maryville went into the game hoping to keep its recent winning ways intact. The Spoofhounds went 2-1 in the Stanberry Invitational. The Spoofhounds started the day off slow with an opening loss to Northeast Nodaway 4-2. Maryville rebounded in the next game, defeating Albany after an offensive explosion 13-5. Shortly after, the Spoofhounds continued on to beat Stanberry 9-7. Sophomore pitcher Phoebe Hornickel said it was a great weekend.

“We were able to grow a lot as a team, and it was a mid-season boost that I think we needed,” Hornickel said.

Hornickel started the game off with a strong two innings on the mound. Although Chillicothe (11-6) scored four runs, Hornickel had zero earned runs charged against her.

The Spoofhound’s bats were hot in the bottom of the first, scoring two in the frame. Junior third baseman Brylie Henggeler got the inning started with a walk, and senior shortstop Ella Schulte followed by reaching base on an error. Junior catcher Alyssa Cunningham walked to load the bases. During Cunningham’s at-bat, Henggeler was able to score on a ball that passed Hornet’s sophomore catcher Charley Peniston. Schulte scored later in the inning on another passed ball to Peniston.

“The first inning went pretty good,” Hornickel said. “A few things didn’t go our way, but overall a good start to the game for everyone.”

In the top of the second, Chillicothe scored four runs. The Hornets’ first five runners of the inning reached base. Three walks while the bases were loaded allowed Chillicothe to take the lead heading into the Spoofhound half of the inning.

Maryville had two runners on base with two outs in the bottom of the second inning. The Hounds took advantage after the Hornets had multiple balls get past Peniston, during Sprague’s at-bat. Henggeler and Schulte scored during the plate appearance.

“Our bats were definitely hitting tonight — that was nice,” Henggeler said when discussing the offense’s success in the early innings.

UP NEXT

MHS vs. St. Pius X
5 p.m. Sept. 21
Kansas City, Missouri

MHS vs. Worth County
5:30 p.m. Sept. 25
Grant City, Missouri

MHS vs. Bishop LeBlond
5 p.m. Sept. 26
St. Joseph, Missouri

MHS vs. St. Joseph-Benton
5 p.m. Sept. 27
St. Joseph, Missouri

With the game tied at four in the third inning, Sprague came into pitch in relief of Hornickel. Sprague finished the game for the Spoofhounds, pitching the final five innings.

Sprague hoped to toss another scoreless inning, but the fifth inning is when the both offenses picked back up. It started with an error in the field behind Sprague and then a subsequent walk. The next Chillicothe batter, Peniston, drove a single to left field and took a 5-4 lead.

The Spoofhound bats answered to tie the game again in the bottom of the fifth on a single from junior designated hitter Emma Aley to score senior second baseman Aliya Farmer.

“I feel like our hitting was pretty good,” Sprague said. “Our bats were able to stay consistent and on it throughout the game.”

The top of the sixth was a great inning for Sprague as she forced an out on the first three batters.

The bottom of the sixth started with back-to-back singles from Henggeler and Schulte. Henggeler scored in the inning on a Farmer ground ball to the shortstop. Schulte scored after a sacrifice fly out to center field from junior centerfielder Annaleza Sparks.

Chillicothe answered in the top of the seventh inning with seven of the first eight Hornet batters reaching base, scoring six runs. Chillicothe strung together four hits and two walks to put together a successful last inning.

“I have to think about nothing,” Sprague said when talking about the struggles in the seventh inning. “If I think too much, I start walking people.”

The Spoofhounds looked to tie the game in the bottom of the seventh but were unsuccessful, only scoring one in the frame, ultimately losing 11-8. Maryville softball’s losing streak against Chillicothe is now seven.

The Spoofhounds have a road game against St. Pius X (0-9) Sept. 21 in Kansas City, Missouri.

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Regional run

Northwest women’s tennis hopes to advance to nationals with next match. see A6

SPORTS

Sept. 21, 2023 | @NWMSports

Beckett’s Warriors Northwest soccer to hold gold-out game for Childhood Cancer Awareness Month. see A7



Wesley Miller Managing Editor Northwest football’s defense combines for a sack on Fort Hays State sophomore quarterback Jack Dawson. The Bearcats’ 17-6 loss to the Tigers Sept. 16 put them at 1-2 for the first time since 2003.

‘NOT ANYBODY ELSE’S STORY’ Coach wants team to focus on itself amid skid

Wesley Miller Managing Editor | @wesleymiller360

The first three weeks of the season are over, and Northwest football is 1-2 for the first time since 2003 — the last time the program missed the Division II playoffs. When the Bearcats look to bounce back from their first back-to-back losses since 2018 in Bearcat Stadium for Family Weekend Sept. 23, they won’t be the only ones hoping to end a skid. Lincoln has lost 29 consecutive games, with the team’s last win coming in Week 7 of the 2019 season against Northeastern State. Coach Rich Wright said despite Northwest’s recent struggles, the atmosphere and mentality on the team remains positive. “I think the response has been really good,” Wright said. “And, you know, the funny thing is that a lot of people are trying to spin this in one direction or the other, and the thing that I alluded to the kids was that they get to write their own story. And it’s not anybody else’s story.” The Bearcats’ contest with the Blue Tigers is more than just a chance at redemption. It’s Family Weekend. For Northwest, it’ll be the 12th-straight year



Wesley Miller Managing Editor Junior defensive back Charles Gadie talks on the sideline with teammates between drives during Northwest football’s 17-6 loss to Fort Hays State Sept. 16.

of continuing the tradition of honoring the late Scott Bostwick and his legacy. Bostwick was set to be the Bearcats’ next head coach after Mel Tjeerdsma retired in winter 2010 but never got to start a new season at the helm after dying of a heart attack in summer 2011. On Family Weekend, the players will wear black jerseys and red paws on their helmets, and the fans will don red hats in honor of the late coach. For Wright, though, the tradition of a red hat is one he carries on every game day. It’s a tradition he continues for not only a former colleague but for some-

UP NEXT NW vs. Lincoln (non conference) 1:30 p.m. Sept. 23 Bearcat Stadium

one he considers family. “Scott was a big part of my life,” Wright said. “Considered him like a cross between a dad and an older brother. We were very close, and so this is always a special week for me. But really ... none of the kids on our roster knew who he was. There’s people in the community that know, and some of us in terms of staff know, what it’s really about is families. And so we get into, you know, asking the kids what’s their why or who do they play for?” Sophomore linebacker Bryce Krone, a transfer-athlete from Missouri Western, has heard plenty of stories about Scott Bostwick from his brother, Chad Bostwick, who has served as an assistant coach and linebackers coach since 2011. He said he knows the intensity Scott Bostwick led with — something the Bearcats will be looking to achieve again against the Blue Tigers.

SEE SKID | A6

Maryville football hopes to build off record day, team set for homecoming game

Destiny Taylor Sports Reporter | @destinytay04

Maryville football looks to extend its three-game win streak by hosting Cameron for its homecoming game in the ‘Hound Pound Friday, Sept. 22. Maryville will host back-to-back home games after its 46-42 triumph over St. Pius X Sept. 15. The Spoofhounds lead the Midland Empire Conference into Week 5 with a .750 winning percentage from their first 4 games. Senior quarterback Derek Quinlin occupies the top spot in passing yards in the conference, with 1,096 through four games. Quinlin set the new program record for passing yards in a single game against Pius with 406 at the home opener, passing Jonathan Baker. “It means everything — the work that we’ve all put in. I’ve

UP NEXT MHS vs. Cameron 7 p.m. Sept. 22 'Hound Pound

got great guys around me, they make the plays, and I just get on the ball,” Quinlin said. “It’s an honor. My goal is to go break it next week.” Quinlin said the ‘Hounds won’t mistake the game against the Dragons as an easy win based on their history with them because they are improving week-by-week. Cameron and Maryville have shared a pair of early-season foes, as the Dragons lost to Pius and Chillicothe. Maryville defeated the Warriors 46-42 and the Hornets 50-0.

SEE HOMECOMING | A6

Northwest snaps losing streak with sweep over St. Joe foe

Steven Crosby Sports Reporter | @sicsteve27

Northwest volleyball was searching for a win after dropping three-straight matches. The Bearcats stepped up against Missouri Western, sweeping the Griffons on their way to having a winning record once again. Northwest put on a defensive clinic with 67 digs and nine blocks against Western. Coach Amy Woerth said she was happy with the outcome of the game, as well as having finished it in three sets. “We’ve blocked a lot of balls, we have three blocks per set, so I think that was huge for us — seven solo blocks, and we had



Allison Duarte Photographer Northwest volleyball junior outside hitter Olivia Dir bump passes during the fourth set of the Sept. 15 home game. Dir recorded five kills in the fourth set.

a presence of the net and held them to .090 (successful kill percentage),” Woerth said. “Offensively can be better for us — we just made too many errors, but I’ll take a win any way we can.” The Bearcats jumped out to an early lead against the Griffons, scoring four-straight to start the first set. Western attempted to mount a comeback but was unable to ever catch up to Northwest. The Bearcats clinched the first set against the Griffons, 25-17, with a kill by ju-

UP NEXT NW vs. Newman 6 p.m. Sept. 22 Bearcat Arena

nior outside hitter Olivia Dir. Junior middle hitter Abby Brunssen led the Bearcats in kills throughout the match with nine. Brunssen said she was proud of her teammates and the grit they showed to get the win.

SEE SWEEP | A6

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